

## **Abstract**

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**Title:** The case study of a physiotherapeutical treatment of a patient after lateral patellar dislocation

**Objective:** The aim of this thesis was to elaborate report on a patient after lateral dislocation of the patella, a summary of theoretical knowledge, design of appropriate therapy and then continuously monitoring its progress.

**Summary:** This thesis consists of two parts, a general and a special part. In the general section summarizes theoretical findings terms of anatomy, kinesiology and biomechanics of the knee joint. There is also mention examination of the knee joint and subsequent therapy. A special section will contain the actual report on a patient after knee arthroscopy and surgery according to Madigan, course of treatment and evaluation of its effect.

**Keywords:** physiotherapy, knee joint, patellar luxation, patella, arthroscopy, Madigan's operation